



If you have a fever above 38°C or shortness of breath, anyone you live with should also stay at home.

Basic rules for everyone



Stay at home if you have cold-like symptoms.



Work from home if possible.



Stay 1.5 metres away from others.



Avoid busy places.



Wash your hands often.

The following measures apply from 1 July:

Inside and outside:

Is there a flow of people with limited mutual contact?

Number of people unlimited.

Is there a fixed seat, reservation and health check?

Number of people unlimited.

Chanting, loud singing or screaming in a group is not allowed.

Discotheques and night clubs remain closed.



Inside:

No reservation and no health check?

Maximum 100 people with a fixed seat.



Outside:

No fixed seat, reservation and no health check?

Up to 250 people.

A fixed seat is always mandatory in restaurants and bars.



In public transport:

Wearing a non-medical face mask is mandatory.

Avoid rush hour.



In passenger transport such as coaches and taxis:

Wearing a non-medical face mask is mandatory.



In private transport:

Non-medical face mask recommended for passengers from different households.

For more information, please check: www.netherlandsandyou.nl